

# Year 3 – PSHE KCV – Changing Me



## Key skills to learn:

- Understand that in lots of changes happen between conception and growing up, and that usually the female has the baby.
- Understand how babies grow and develop in the mother's uterus and explain what a baby needs to live and grow.
- Identify how boys' and girls' bodies change so that when they grow up their bodies can make babies.
- Recognise stereotypical ideas I might have about parenting and family roles.
- Express how I feel when my ideas are challenged and willingness to change my ideas sometimes

## SMSC Links:

Social – Motivation to change and develop new skills while growing up.

Moral – Offer my views on parenting roles and accept when my views are challenged and might need to change.

Spiritual – Self-awareness of human changes between conception and growing up.

Cultural – Respect and celebrate family roles, understand differences in cultures

## Words to know and spell (Tier 2 Vocabulary)

Control	Anxious	Penis/Vagina
Mature	Changes	Love
Appearance	Care	Testicles
Task	Respect	Female/Girl
Male/boy	Grow	Baby/Toddler

## Words to understand and spell (Tier 3 Vocabulary)

Uterus	Inside the female body where babies grow before birth.
Womb	Inside the female body where babies grow before birth.
Nutrients.	Provides nourishment essential for life and growth.
Survive	Continue to live or exist, keep going in difficult times.
Affection	A gentle feeling of fondness or liking.
Puberty	Reaching sexual maturity and being able to reproduce.
Sperm	Semen fluid which leaves a male to join with the egg.
Ovaries	Female organ where eggs are produced, come in pairs.
Stereotypes	A widely held, oversimplified image or idea of something.
Roles	A part played by a person in a particular situation.
Sexes	Members of a group with male or female.
Nervous	Easily agitated, alarmed, anxious, worried or apprehensive.

## Concept check questions. Test yourself:

What have you changed since you were a baby?

How do babies grow?

What are the changes that will turn you from a child into an adult?

Where does new life start from?

What does stereotypical mean