

Year 2 – PSHE KCV – Changing Me



Key skills to learn:

- Recognise cycles of life in nature (growing from young to old) and understand there are some changes that are outside my control.
- Explain the physical differences between boys and girls - use the correct names for parts of the body and appreciate that some parts are private.
- Understand there are different types of touch and explain which ones I like and don't like.
- Confidence to say what I like and don't like and can ask for help.
- Identify what I am looking forward to when I am in Year 3, changes I will make and know how to go about this.

SMSC Links:

Social – Working as a team to resolve conflict and develop social skills.

Moral – Self-aware and respectful of differences between males and females.

Spiritual – Empathy and perspective on life throughout developmental stages.

Cultural – Celebrate and respect diversity throughout adulthood.

Words to know and spell (Tier 2 Vocabulary)

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| Lifecycle | Anxious/nervous | Coping |
| Male/Boy | Female/Girl | Mature |
| Adulthood | Young | Old |
| Change | Grow | Baby/toddler |

Words to understand and spell (Tier 3 Vocabulary)

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| Control | The power to influence people's behaviour and restrain emotions. |
| Respect | Regarding others feelings or feeling admiration for others. |
| Appearance | The way that someone or something looks. |
| Physical | Relating to the body or the senses (not the mind). |
| Independent | Free from control, not belonging to anyone. |
| Freedom | Being able to act, speak or think as you wish. |
| Texture | The feel, appearance or consistency of something. |
| Private | Belonging to someone, only for own use, not to be revealed. |
| Testicles | Male reproductive glands enclosed within the scrotum. |
| Vagina | A passage leading from the uterus to the vulva in a female. |
| Penis | Male genital organ used for urination. |
| Acceptable | Able to be agreed on, pleasing, welcoming or allowed. |
| Comfortable | Providing physical ease and relaxation, no stress or tension. |

Concept check questions. Test yourself:

- How do things around us change?
- How do our faces and body change as we grow older?
- How will your life change as you grow up?
- What are the names of the body parts which make boys and girls different?